

**LACLEDE COUNTY R-1
BREAKFAST MENU
OCTOBER 2022**

Monday	Tuesday	Wednesday	Thursday	Friday
3 BREAKFAST PIZZA CEREAL GOLDFISH CRACKERS FRUIT FRUIT JUICE MILK	4 SAUSAGE BAGEL CEREAL GRAHAM CRACKERS FRUIT FRUIT JUICE MILK	5 CINNAMON ROLL CEREAL STRING CHEESE FRUIT FRUIT JUICE MILK	6 BISCUIT GRAVY SAUSAGE CEREAL GOLDFISH CRACKERS FRUIT FRUIT JUICE MILK	7 FRENCH TOAST STICKS SYRUP CEREAL GRAHAM CRACKERS FRUIT FRUIT JUICE MILK
10 BREAKFAST PIZZA CEREAL GOLDFISH CRACKERS FRUIT FRUIT JUICE MILK	11 SAUSAGE BISCUIT CEREAL GRAHAM CRACKERS FRUIT FRUIT JUICE MILK	12 BLUEBERRY MUFFIN STRING CHEESE CEREAL FRUIT JUICE FRUIT MILK	13 BISCUIT GRAVY SAUSAGE CEREAL GOLDFISH CRACKERS FRUIT FRUIT JUICE MILK	14 FRENCH TOAST STICKS SYRUP CEREAL GRAHAM CRACKERS FRUIT FRUIT JUICE MILK
17 BREAKFAST PIZZA CEREAL GOLDFISH CRACKERS FRUIT FRUIT JUICE MILK	18 SAUSAGE BAGEL CEREAL GRAHAM CRACKERS FRUIT FRUIT JUICE MILK	19 CINNAMON ROLL CEREAL STRING CHEESE FRUIT FRUIT JUICE MILK	20 BISCUIT GRAVY SAUSAGE CEREAL GOLDFISH CRACKERS FRUIT FRUIT JUICE MILK	21 NO SCHOOL TODAY
24 BREAKFAST PIZZA CEREAL GOLDFISH CRACKERS FRUIT FRUIT JUICE MILK	25 SAUSAGE BISCUIT CEREAL GRAHAM CRACKERS FRUIT FRUIT JUICE MILK	26 BLUEBERRY MUFFIN STRING CHEESE CEREAL FRUIT JUICE FRUIT MILK	27 BISCUIT GRAVY SAUSAGE CEREAL GOLDFISH CRACKERS FRUIT FRUIT JUICE MILK	28 NO SCHOOL TODAY
31 BREAKFAST PIZZA CEREAL GOLDFISH CRACKERS FRUIT FRUIT JUICE MILK				

**LACLEDE COUNTY
7-12 LUNCH
OCTOBER 2022**

Monday	Tuesday	Wednesday	Thursday	Friday
FRUITS AND VEGETABLES SERVED DAILY				
3 CHICKEN NUGGETS MACARONI AND CHEESE GREEN BEANS FRUIT MILK SOUTHWEST BURRITO SALSA	4 POPCORN CHICKEN BROWN RICE PEAS EGG ROLLS FRUIT MILK UNCRUSTABLE STRING CHEESE	5 CHICKEN PATTY SANDWICH FRENCH FRIES RANCH DRESSING FRUIT MILK RIBLET/BUN	6 BEEF NACHOS SHREDDED LETTUCE TOMATOES CHEESE REFRIED BEANS FRUIT MILK CHICKEN NACHOS	7 PEPPERONI PIZZA CORN FRUIT MILK NACHOS W/ CHEESE SALSA
10 CHICKEN AND NOODLES PEAS SWEET POTATOES BISCUIT FRUIT MILK BREADED MOZZARELLA STICKS MARINARA SAUCE	11 ORANGE CHICKEN BROWN RICE BROCCOLI FRUIT MILK HAM & CHEESE SANDWICH	12 BBQ SANDWICH FRENCH FRIES BAKED BEANS FRUIT MILK HOT HAM AND CHEESE SANDWICH	13 CHICKEN PATTY MASHED POTATOES GRAVY GREEN BEANS BREAD FRUIT MILK BREADED BEEF PATTY	14 PIZZABOLI MARINARA SAUCE CORN FRUIT MILK NACHOS W/ CHEESE SALSA
17 CHICKEN NUGGETS SCALLOPED POTATOES GREEN BEANS FRUIT MILK SOUTHWEST BURRITO SALSA	18 POPCORN CHICKEN BROWN RICE PEAS EGG ROLLS FRUIT MILK UNCRUSTABLE STRING CHEESE	19 CHICKEN PATTY SANDWICH FRENCH FRIES CUCUMBER SLICES RANCH DRESSING FRUIT MILK CHEESEBURGER	20 BEEF NACHOS SHREDDED LETTUCE TOMATOES REFRIED BEANS FRUIT MILK CHICKEN NACHOS	21 NO SCHOOL TODAY
24 PIZZA CRUNCHER MARINARA SAUCE CORN FRUIT MILK BREADED MOZZARELLA STICKS MARINARA SAUCE	25 ORANGE CHICKEN BROWN RICE BROCCOLI FRUIT MILK HAM & CHEESE SANDWICH	26 BBQ SANDWICH FRENCH FRIES BAKED BEANS FRUIT MILK HOT HAM AND CHEESE SANDWICH	27 LASAGNA GREEN BEANS GARLIC BREADSTICK FRUIT MILK PIZZABOLI MARINARA SAUCE	28 NO SCHOOL TODAY
31 CHICKEN NUGGETS MACARONI AND CHEESE FRUIT MILK BURRITO SALSA				

USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER. MENU IS SUBJECT TO CHANGE.