

**LACLEDE COUNTY R-1
BREAKFAST MENU
OCTOBER 2022**

Monday	Tuesday	Wednesday	Thursday	Friday
3 BREAKFAST PIZZA CEREAL GOLDFISH CRACKERS FRUIT FRUIT JUICE MILK	4 SAUSAGE BAGEL CEREAL GRAHAM CRACKERS FRUIT FRUIT JUICE MILK	5 CINNAMON ROLL CEREAL STRING CHEESE FRUIT FRUIT JUICE MILK	6 BISCUIT GRAVY SAUSAGE CEREAL GOLDFISH CRACKERS FRUIT FRUIT JUICE MILK	7 FRENCH TOAST STICKS SYRUP CEREAL GRAHAM CRACKERS FRUIT FRUIT JUICE MILK
10 BREAKFAST PIZZA CEREAL GOLDFISH CRACKERS FRUIT FRUIT JUICE MILK	11 SAUSAGE BISCUIT CEREAL GRAHAM CRACKERS FRUIT FRUIT JUICE MILK	12 BLUEBERRY MUFFIN STRING CHEESE CEREAL FRUIT JUICE FRUIT MILK	13 BISCUIT GRAVY SAUSAGE CEREAL GOLDFISH CRACKERS FRUIT FRUIT JUICE MILK	14 FRENCH TOAST STICKS SYRUP CEREAL GRAHAM CRACKERS FRUIT FRUIT JUICE MILK
17 BREAKFAST PIZZA CEREAL GOLDFISH CRACKERS FRUIT FRUIT JUICE MILK	18 SAUSAGE BAGEL CEREAL GRAHAM CRACKERS FRUIT FRUIT JUICE MILK	19 CINNAMON ROLL CEREAL STRING CHEESE FRUIT FRUIT JUICE MILK	20 BISCUIT GRAVY SAUSAGE CEREAL GOLDFISH CRACKERS FRUIT FRUIT JUICE MILK	21 NO SCHOOL TODAY
24 BREAKFAST PIZZA CEREAL GOLDFISH CRACKERS FRUIT FRUIT JUICE MILK	25 SAUSAGE BISCUIT CEREAL GRAHAM CRACKERS FRUIT FRUIT JUICE MILK	26 BLUEBERRY MUFFIN STRING CHEESE CEREAL FRUIT JUICE FRUIT MILK	27 BISCUIT GRAVY SAUSAGE CEREAL GOLDFISH CRACKERS FRUIT FRUIT JUICE MILK	28 NO SCHOOL TODAY
31 BREAKFAST PIZZA CEREAL GOLDFISH CRACKERS FRUIT FRUIT JUICE MILK				

LACLEDE COUNTY R-1 PK-6 LUNCH OCTOBER 2022

Monday	Tuesday	Wednesday	Thursday	Friday
3 CHICKEN NUGGETS MACARONI AND CHEESE GREEN BEANS FRESH BROCCOLI RANCH DRESSING FRUIT MILK CORN DOG	4 POPCORN CHICKEN BROWN RICE PEAS BABY CARROTS RANCH FRUIT MILK CHEESY BREAD	5 CHICKEN PATTY SANDWICH TATER TOTS CUCUMBER RANCH DRESSING FRUIT MILK HOT HAM AND CHEESE SANDWICH	6 BEEF NACHOS SHREDDED LETTUCE TOMATOES CHEESE REFRIED BEANS FRUIT MILK CHICKEN NACHOS	7 PEPPERONI PIZZA CORN SALAD W/ TOMATO RANCH DRESSING FRUIT MILK CHICKEN STRIPS
10 CHICKEN AND NOODLES SWEET POTATOES GREEN BEANS BISCUIT FRUIT MILK BREADED MOZZARELLA STICK MARINARA SAUCE	11 ORANGE CHICKEN BROWN RICE PEAS BABY CARROTS RANCH DRESSING FRUIT MILK HAM & CHEESE SANDWICH	12 CHEESEBURGER POTATO SMILES CUCUMBER RANCH DRESSING FRUIT MILK HOT DOG ON A BUN	13 CHICKEN PATTY MASHED POTATOES BROWN GRAVY GREEN BEANS BREAD/BUTTER FRUIT MILK BREADED BEEF PATTY	14 PIZZABOLI MARINARA SAUCE CORN SALAD W/ TOMATO FRUIT MILK CHICKEN STRIPS
17 CHICKEN NUGGETS MACARONI AND CHEESE GREEN BEANS FRESH BROCCOLI RANCH DRESSING FRUIT MILK CORN DOG	18 POPCORN CHICKEN BROWN RICE PEAS BABY CARROTS RANCH FRUIT MILK BOSCO STICK MARINARA SAUCE	19 CHICKEN PATTY SANDWICH TATER TOTS CUCUMBER RANCH DRESSING FRUIT MILK HOT HAM AND CHEESE SANDWICH	20 BEEF NACHOS SHREDDED LETTUCE TOMATOES CHEESE REFRIED BEANS FRUIT MILK CHICKEN NACHOS	21 NO SCHOOL TODAY
24 PIZZA CRUNCHER MARINARA SAUCE CORN FRESH BROCCOLI RANCH DRESSING FRUIT MILK BURRITO SALSA	25 ORANGE CHICKEN BROWN RICE PEAS BABY CARROTS RANCH DRESSING FRUIT MILK HAM & CHEESE SANDWICH	26 GRILLED CHEESE POTATO SMILES CUCUMBER RANCH DRESSING FRUIT MILK HOT DOG ON A BUN	27 SPAGHETTI W/MEAT SAUCE GREEN BEANS GARLIC BREADSTICK FRUIT MILK BREADED MOZZARELLA STICK MARINARA SAUCE	28 NO SCHOOL TODAY
31 CHICKEN NUGGETS FRESH BROCCOLI RANCH DRESSING GREEN BEANS FRUIT MILK PIZZABOLI MARINARA SAUCE				