

LACLEDE CO. R-1 HIGH SCHOOL BREAKFAST

OCTOBER 2018

Monday	Tuesday	Wednesday	Thursday	Friday
1 FRENCH TOAST STICKS SYRUP FRUIT FRUIT JUICE MILK CEREAL GRAHAM CRACKERS	2 SAUSAGE BISCUIT FRUIT FRUIT JUICE MILK CEREAL BLUEBERRY MUFFIN	3 FRUDEL FRUIT FRUIT JUICE MILK CEREAL W/ BREAD & BUTTER	4 BREAKFAST PIZZA FRUIT JUICE FRUIT MILK CEREAL CAKE DONUT	5 WHOLE GRAIN BISCUIT BISCUIT GRAVY SAUSAGE PATTY FRUIT FRUIT JUICE MILK CEREAL
8 PANCAKE SAUSAGE STICK FRUIT FRUIT JUICE MILK CEREAL GRAHAM CRACKERS	9 BLUEBERRY MUFFIN YOGURT FRUIT FRUIT JUICE MILK CEREAL W/ BREAD & BUTTER	10 CHEESE OMELETE SAUSAGE PATTY BREAD SLICE FRUIT FRUIT JUICE MILK CEREAL W/ BREAD & BUTTER	11 BREAKFAST PIZZA FRUIT JUICE FRUIT MILK CEREAL CAKE DONUT	12 WHOLE GRAIN BISCUIT BISCUIT GRAVY SAUSAGE PATTY FRUIT FRUIT JUICE MILK CEREAL
15 FRENCH TOAST STICKS SYRUP FRUIT FRUIT JUICE MILK CEREAL GRAHAM CRACKERS	16 SAUSAGE BISCUIT FRUIT FRUIT JUICE MILK CEREAL BLUEBERRY MUFFIN	17 CINNI MINI FRUIT FRUIT JUICE MILK CEREAL W/ BREAD & BUTTER	18 BREAKFAST PIZZA FRUIT JUICE FRUIT MILK CEREAL CAKE DONUT	19 WHOLE GRAIN BISCUIT BISCUIT GRAVY SAUSAGE PATTY FRUIT FRUIT JUICE MILK CEREAL
22 PANCAKE SAUSAGE STICK SYRUP FRUIT FRUIT JUICE MILK CEREAL GRAHAM CRACKERS	23 BLUEBERRY MUFFIN YOGURT FRUIT FRUIT JUICE MILK CEREAL W/ BREAD & BUTTER	24 EGGSTRAVAGANZA BREAD SLICE FRUIT FRUIT JUICE MILK CEREAL W/ BREAD & BUTTER	25 BREAKFAST PIZZA FRUIT JUICE FRUIT MILK CEREAL CAKE DONUT	26 NO SCHOOL TODAY
29 FRENCH TOAST STICKS SYRUP FRUIT FRUIT JUICE MILK CEREAL GRAHAM CRACKERS	30 SAUSAGE BISCUIT FRUIT FRUIT JUICE MILK CEREAL BLUEBERRY MUFFIN	31 FRUDEL FRUIT FRUIT JUICE MILK CEREAL W/ BREAD & BUTTER	1 BREAKFAST PIZZA FRUIT JUICE FRUIT MILK CEREAL CAKE DONUT	2 WHOLE GRAIN BISCUIT BISCUIT GRAVY SAUSAGE PATTY FRUIT FRUIT JUICE MILK CEREAL

*THIS INSTITUTION IS AN EQUAL OPPORTUNITY EMPLOYER

**LACLEDE CO. R-1 HIGH SCHOOL LUNCH
OCTOBER 2018**

Monday	Tuesday	Wednesday	Thursday	Friday
1 HAMBURGER POTATO SMILES BAKED BEANS FRUIT MILK SALAD BAR HAM & CHEESE SANDWICH CHEF SALAD	2 POPCORN CHICKEN BROWN RICE PEAS FRESH BROCCOLI RANCH DRESSING EGG ROLLS FRUIT SALAD BAR MILK HAM & CHEESE SANDWICH CHEF SALAD	3 CORN DOG BURRITO NACHOS CARROTS SALAD BAR FRUIT MILK CHEF SALAD	4 PIZZA CHICKEN FRIES CORN FRUIT SALAD BAR MILK CHEF SALAD	5 CHICKEN ENCHILADAS HAM & CHEESE SANDWICH LETTUCE & TOMATO SALSA SEASONED GREEN BEANS FRUIT SALAD BAR MILK CHEF SALAD
8 SUPER NACHOS CHICKEN WRAP SHREDDED LETTUCE SALSA REFRIED BEANS FRUIT SALAD BAR MILK CHEF SALAD	9 CHICKEN TETRAZZINI TURKEY & CHEESE SANDWICH SEASONED GREEN BEANS GARLIC BREADSTICK SALAD BAR FRUIT MILK CHEF SALAD	10 BOSCO STICK CRISPITOS SEASONED GREEN BEANS SALAD BAR FRUIT MILK CHEF SALAD	11 BEEF FINGERS CHICKEN STRIPS MASHED POTATOES CORN BROWN GRAVY FRUIT SALAD BAR MILK CHEF SALAD	12 HOT DOG ON A BUN BOSCO STICK FRENCH FRIES SALAD BAR FRUIT MILK CHEF SALAD
15 FISH SANDWICH CHICKEN PATTY SANDWICH PINTO BEANS CORN ON THE COB SALAD BAR FRUIT MILK CHEF SALAD	16 ORANGE CHICKEN BROWN RICE CHICKEN SALAD SANDWICH BROCCOLI EGG ROLLS FRUIT SALAD BAR MILK CHEF SALAD	17 CRISPITOS CORN DOG NACHOS REFRIED BEANS SALAD BAR FRUIT MILK CHEF SALAD	18 BBQ RIB SANDWICH CHICKEN PATTY SANDWICH SUNCHIPS BAKED BEANS SALAD BAR FRUIT MILK CHEF SALAD	19 CHICKEN & NOODLES HOT DOG ON A BUN PEAS SWEET POTATOES WHOLE GRAIN BISCUIT SALAD BAR FRUIT MILK CHEF SALAD
22 CHILI FRITOS SHREDDED CHEESE GRILLED CHEESE SANDWICH CARROTS SALAD BAR FRUIT MILK CHEF SALAD	23 TERIYAKI CHICKEN UNCRUSTABLE STRING CHEESE BROWN RICE BROCCOLI EGG ROLLS SALAD BAR FRUIT MILK CHEF SALAD	24 BURRITO UNCRUSTABLE STRING CHEESE NACHOS REFRIED BEANS SALAD BAR FRUIT MILK CHEF SALAD	25 HOMEMADE LASAGNA BREADSTICK CHICKEN SALAD SANDWICH SEASONED GREEN BEANS SALAD BAR FRUIT MILK CHEF SALAD	26 NO SCHOOL TODAY
29 HAMBURGER POTATO SMILES BAKED BEANS FRUIT MILK HAM & CHEESE SANDWICH CHEF SALAD	30 POPCORN CHICKEN BROWN RICE PEAS FRESH BROCCOLI RANCH DRESSING EGG ROLLS FRUIT SALAD BAR MILK HAM & CHEESE SANDWICH CHEF SALAD	31 CORN DOG BURRITO NACHOS CARROTS SALAD BAR FRUIT MILK CHEF SALAD	1 PIZZA CHICKEN FRIES CORN FRUIT SALAD BAR MILK CHEF SALAD	2 CHICKEN ENCHILADAS HAM & CHEESE SANDWICH LETTUCE & TOMATO SALSA SEASONED GREEN BEANS FRUIT SALAD BAR MILK CHEF SALAD