

LACLEDE CO. R-1 HIGH SCHOOL BREAKFAST OCTOBER 2018

Monday	Tuesday	Wednesday	Thursday	Friday
1 FRENCH TOAST STICKS SYRUP FRUIT FRUIT JUICE MILK CEREAL GRAHAM CRACKERS	2 SAUSAGE BISCUIT FRUIT FRUIT JUICE MILK CEREAL BLUEBERRY MUFFIN	3 FRUDEL FRUIT FRUIT JUICE MILK CEREAL W/ BREAD & BUTTER	4 BREAKFAST PIZZA FRUIT JUICE FRUIT MILK CEREAL CAKE DONUT	5 WHOLE GRAIN BISCUIT BISCUIT GRAVY SAUSAGE PATTY FRUIT FRUIT JUICE MILK CEREAL
8 PANCAKE SAUSAGE STICK FRUIT FRUIT JUICE MILK CEREAL GRAHAM CRACKERS	9 BLUEBERRY MUFFIN YOGURT FRUIT FRUIT JUICE MILK CEREAL W/ BREAD & BUTTER	10 CHEESE OMELETE SAUSAGE PATTY BREAD SLICE FRUIT FRUIT JUICE MILK CEREAL W/ BREAD & BUTTER	11 BREAKFAST PIZZA FRUIT JUICE FRUIT MILK CEREAL CAKE DONUT	12 WHOLE GRAIN BISCUIT BISCUIT GRAVY SAUSAGE PATTY FRUIT FRUIT JUICE MILK CEREAL
15 FRENCH TOAST STICKS SYRUP FRUIT FRUIT JUICE MILK CEREAL GRAHAM CRACKERS	16 SAUSAGE BISCUIT FRUIT FRUIT JUICE MILK CEREAL BLUEBERRY MUFFIN	17 CINNI MINI FRUIT FRUIT JUICE MILK CEREAL W/ BREAD & BUTTER	18 BREAKFAST PIZZA FRUIT JUICE FRUIT MILK CEREAL CAKE DONUT	19 WHOLE GRAIN BISCUIT BISCUIT GRAVY SAUSAGE PATTY FRUIT FRUIT JUICE MILK CEREAL
22 PANCAKE SAUSAGE STICK SYRUP FRUIT FRUIT JUICE MILK CEREAL GRAHAM CRACKERS	23 BLUEBERRY MUFFIN YOGURT FRUIT FRUIT JUICE MILK CEREAL W/ BREAD & BUTTER	24 EGGSTRAVAGANZA BREAD SLICE FRUIT FRUIT JUICE MILK CEREAL W/ BREAD & BUTTER	25 BREAKFAST PIZZA FRUIT JUICE FRUIT MILK CEREAL CAKE DONUT	26 NO SCHOOL TODAY
29 FRENCH TOAST STICKS SYRUP FRUIT FRUIT JUICE MILK CEREAL GRAHAM CRACKERS	30 SAUSAGE BISCUIT FRUIT FRUIT JUICE MILK CEREAL BLUEBERRY MUFFIN	31 FRUDEL FRUIT FRUIT JUICE MILK CEREAL W/ BREAD & BUTTER	1 BREAKFAST PIZZA FRUIT JUICE FRUIT MILK CEREAL CAKE DONUT	2 WHOLE GRAIN BISCUIT BISCUIT GRAVY SAUSAGE PATTY FRUIT FRUIT JUICE MILK CEREAL

*THIS INSTITUTION IS AN EQUAL OPPORTUNITY EMPLOYER