

LACLEDE CO. R-1 HIGH SCHOOL BREAKFAST JANUARY 2019

Monday	Tuesday	Wednesday	Thursday	Friday
	1 NO SCHOOL TODAY	2 NO SCHOOL TODAY	3 BLUEBERRY MUFFIN YOGURT FRUIT JUICE FRUIT MILK CEREAL	4 BISCUIT BISCUIT GRAVY SAUSAGE PATTY FRUIT FRUIT JUICE MILK CEREAL
7 PANCAKE SAUSAGE STICK FRUIT FRUIT JUICE MILK CEREAL GOLDFISH CRACKERS	8 SAUSAGE BISCUIT FRUIT FRUIT JUICE MILK CEREAL WHOLE GRAIN BISCUIT	9 EGGSTRAVAGANZA BREAD SLICE FRUIT FRUIT JUICE MILK CEREAL W/ BREAD & BUTTER	10 BREAKFAST PIZZA YOGURT FRUIT JUICE FRUIT MILK CEREAL BLUEBERRY MUFFIN	11 BISCUIT BISCUIT GRAVY SAUSAGE PATTY FRUIT FRUIT JUICE MILK CEREAL
14 FRENCH TOAST STICKS SYRUP FRUIT FRUIT JUICE MILK CEREAL GOLDFISH CRACKERS	15 SAUSAGE BISCUIT FRUIT FRUIT JUICE MILK CEREAL BISCUIT	16 CHEESE OMELETE SAUSAGE PATTY BREAD SLICE FRUIT FRUIT JUICE MILK CEREAL W/ BREAD & BUTTER	17 BREAKFAST PIZZA YOGURT FRUIT JUICE FRUIT MILK CEREAL BLUEBERRY MUFFIN	18 BISCUIT BISCUIT GRAVY SAUSAGE PATTY FRUIT FRUIT JUICE MILK CEREAL
21 PANCAKE SAUSAGE STICK FRUIT FRUIT JUICE MILK CEREAL GOLDFISH CRACKERS	22 SAUSAGE BISCUIT FRUIT FRUIT JUICE MILK CEREAL WHOLE GRAIN BISCUIT	23 CINNI MINI FRUIT FRUIT JUICE MILK CEREAL BLUEBERRY MUFFIN	24 BREAKFAST PIZZA YOGURT FRUIT JUICE FRUIT MILK CEREAL BLUEBERRY MUFFIN	25 BISCUIT BISCUIT GRAVY SAUSAGE PATTY FRUIT FRUIT JUICE MILK CEREAL
28 FRENCH TOAST STICKS SYRUP FRUIT FRUIT JUICE MILK CEREAL GOLDFISH CRACKERS	29 SAUSAGE BISCUIT FRUIT FRUIT JUICE MILK CEREAL WHOLE GRAIN BISCUIT	30 TAC-GO FRUIT FRUIT JUICE MILK CEREAL W/ BREAD & BUTTER	31 BREAKFAST PIZZA YOGURT FRUIT JUICE FRUIT MILK CEREAL BLUEBERRY MUFFIN	

MENUS SUBJECT TO CHANGE

*THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

LACLEDE CO. R-1 HIGH SCHOOL LUNCH JANUARY 2019

Monday	Tuesday	Wednesday	Thursday	Friday
	1 NO SCHOOL TODAY	2 NO SCHOOL TODAY	3 CHEESEBURGER CHICKEN PATTY SANDWICH FRENCH FRIES CARROTS FRUIT MILK	4 CORN DOG CRISPITO NACHOS CORN SPINACH FRUIT MILK
7 SUPER NACHOS CHICKEN NACHOS SHREDDED LETTUCE SALSA REFRIED BEANS FRUIT SALAD BAR MILK CHEF SALAD	8 ORANGE CHICKEN BROWN RICE HAM & CHEESE PEAS FRUIT SALAD BAR MILK CHEF SALAD	9 BOSCO STICK CRISPITOS CORN SALAD BAR FRUIT MILK CHEF SALAD	10 CHICKEN FRIES BEEF FINGERS MASHED POTATOES BISCUIT GRAVY GREEN BEANS FRUIT SALAD BAR MILK CHEF SALAD	11 HOT DOG ON A BUN BBQ RIB SANDWICH SUNCHIPS PORK & BEANS SALAD BAR FRUIT MILK
14 CHICKEN & NOODLES FISH SANDWICH PEAS SWEET POTATOES BISCUIT SALAD BAR FRUIT MILK CHEF SALAD	15 PIZZA CHICKEN FRIES CORN FRUIT SALAD BAR MILK CHEF SALAD	16 CRISPITOS CORN DOG NACHOS CARROTS SALAD BAR FRUIT MILK CHEF SALAD	17 SHREDDED BBQ SANDWICH CHICKEN PATTY SANDWICH FRENCH FRIES SALAD BAR FRUIT MILK CHEF SALAD	18 FISH STICKS CHICKEN NUGGETS PINTO BEANS CORNBREAD SALAD BAR FRUIT MILK CHEF SALAD
21 CHILI FRITOS SHREDDED CHEESE GRILLED CHEESE SANDWICH CARROTS SALAD BAR FRUIT MILK CHEF SALAD	22 TERIYAKI CHICKEN UNCRUSTABLE STRING CHEESE BROWN RICE BROCCOLI SALAD BAR FRUIT MILK CHEF SALAD	23 CRISPITO BURRITO NACHOS SALSA REFRIED BEANS SALAD BAR FRUIT MILK CHEF SALAD	24 HOMEMADE LASAGNA BREADSTICK HAM & CHEESE SANDWICH SEASONED GREEN BEANS SALAD BAR FRUIT MILK CHEF SALAD	25 HOT DOG ON A BUN BBQ RIB SANDWICH FRENCH FRIES BAKED BEANS SALAD BAR FRUIT MILK
28 CHEESEBURGER CHICKEN PATTY SANDWICH FRENCH FRIES SALAD BAR FRUIT MILK CHEF SALAD	29 POPCORN CHICKEN TURKEY & CHEESE SANDWICH BROWN RICE PEAS EGG ROLLS FRUIT SALAD BAR MILK CHEF SALAD	30 CORN DOG BURRITO NACHOS CARROTS SALAD BAR FRUIT MILK CHEF SALAD	31 CHICKEN ENCHILADAS HAM & CHEESE SANDWICH LETTUCE & TOMATO CORN FRUIT SALAD BAR MILK CHEF SALAD	1

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