

LACLEDE CO R-1 HIGH SCHOOL BREAKFAST JANUARY 2018

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3 CEREAL W/ BREAD&BUTTER FRUIT FRUIT JUICE MILK	4 FRENCH TOAST STICKS YOGURT SYRUP FRUIT FRUIT JUICE MILK CEREAL GRAHAM CRACKERS	5 BISCUIT BISCUIT GRAVY SAUSAGE PATTY FRUIT FRUIT JUICE MILK
8 BREAKFAST PIZZA YOGURT FRUIT JUICE FRUIT MILK CEREAL CAKE DONUT	9 OMELET COLBY CHEESE SKILLET SAUSAGE PATTY BREAD FRUIT JUICE MILK CEREAL W/ BREAD&BUTTER	10 SAUSAGE BISCUIT FRUIT FRUIT JUICE MILK CEREAL WG BLUEBERRY MUFFIN	11 FRENCH TOAST STICKS YOGURT SYRUP FRUIT FRUIT JUICE MILK CEREAL GRAHAM CRACKERS	12 BISCUIT BISCUIT GRAVY SAUSAGE PATTY FRUIT FRUIT JUICE MILK
15 NO SCHOOL TODAY	16 EGGSTRAVAGANZA LITTLE SMOKIES BREAD FRUIT JUICE MILK CEREAL W/ BREAD&BUTTER	17 CINNAMON ROLL FRUIT FRUIT JUICE MILK CEREAL GRAHAM CRACKERS	18 FRENCH TOAST STICKS YOGURT SYRUP FRUIT FRUIT JUICE MILK CEREAL GRAHAM CRACKERS	19 BISCUIT BISCUIT GRAVY SAUSAGE PATTY FRUIT FRUIT JUICE MILK
22 BREAKFAST PIZZA YOGURT FRUIT JUICE FRUIT MILK CEREAL CAKE DONUT	23 OMELET COLBY CHEESE SKILLET SAUSAGE PATTY BREAD FRUIT JUICE MILK CEREAL W/ BREAD&BUTTER	24 SAUSAGE BISCUIT FRUIT FRUIT JUICE MILK CEREAL WG BLUEBERRY MUFFIN	25 FRENCH TOAST STICKS YOGURT SYRUP FRUIT FRUIT JUICE MILK CEREAL GRAHAM CRACKERS	26 BISCUIT BISCUIT GRAVY SAUSAGE PATTY FRUIT FRUIT JUICE MILK
29 BREAKFAST PIZZA YOGURT FRUIT JUICE FRUIT MILK CEREAL CAKE DONUT	30 EGGSTRAVAGANZA LITTLE SMOKIES BREAD FRUIT JUICE MILK CEREAL W/ BREAD&BUTTER	31 CINNAMON ROLL FRUIT FRUIT JUICE MILK CEREAL GRAHAM CRACKERS		

* THIS INSTITUTION IS AN EQUAL OPPORTUNITY EMPLOYER

LACLEDE CO. HIGH SCHOOL LUNCH
JANUARY 2018

Monday	Tuesday	Wednesday	Thursday	Friday
1 NO SCHOOL TODAY	2 NO SCHOOL TODAY	3 CHEESEBURGER ON WHEAT BUN CHIPS PICKLES,DILL CORN CARROTS FRUIT MILK	4 ORANGE CHICKEN BROWN RICE GREEN BEANS SPINACH EGG ROLL FRUIT MILK FORTUNE COOKIE	5 HAM & CHEESE TATER TOTS BAKED BEANS KETCHUP FRUIT MILK
8 HOT DOG ON A BUN POTATO SMILES SPINACH KETCHUP FRUIT MILK	9 CHICKEN AND NOODLES GREEN BEANS SWEET POTATOES WHOLE GRAIN BISCUIT FRUIT MILK	10 BURRITO SALSA STRING CHEESE PEAS CUCUMBER SLICES RANCH DRESSING FRUIT MILK	11 NACHOS WITH GROUND BEEF SHREDDED LETTUCE SALSA REFRIED BEANS FRUIT CHOCOLATE CHIP COOKIE MILK	12 TERIYAKI CHICKEN BROWN RICE EGG ROLL CORN Baby Carrots RANCH DRESSING FRUIT MILK
15 NO SCHOOL TODAY	16 POPCORN CHICKEN BROWN RICE EGG ROLL GREEN BEANS BABY CARROTS RANCH DRESSING FRUIT MILK	17 CHILI CRACKERS STRING CHEESE PEAS FRESH BROCCOLI RANCH DRESSING FRUIT MILK	18 PEPPERONI PIZZA ROMAINE SALAD W/ TOMATO RANCH DRESSING CORN FRUIT MILK	19 PHILLY CHEESE SANDWICH CHIPS CUCUMBER SLICES Baby Carrots RANCH DRESSING FRUIT MILK
22 SHREDDED BBQ SANDWICH TATER TOTS GREEN BEANS KETCHUP FRUIT MILK	23 WHOLE GRAIN CHICKEN NUGGET SCALLOPED POTATOES PEAS BREAD FRUIT MILK	24 FISH RECTANGLE TARTAR SAUCE MACARONI AND CHEESE FRESH BROCCOLI BABY CARROTS FRESH FRUIT MILK RANCH DRESSING	25 SPAGHETTI ROMAINE SALAD W/ TOMATO RANCH DRESSING CORN WHOLE WHEAT BREADSTICK FRUIT MILK	26 BEEF AND CHEDDAR SANDWICH POTATO SMILES CUCUMBER SLICES RANCH DRESSING FRUIT MILK
29 CORN DOG CHIPS CORN SPINACH FRUIT MILK	30 ORANGE CHICKEN BROWN RICE FORTUNE COOKIE Baby Carrots RANCH DRESSING PEAS FRUIT EGG ROLL MILK	31 BEEF FINGERS MASHED POTATOES BISCUIT GRAVY GREEN BEANS BREAD FRUIT MILK		

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