

## LACLEDE CO. R-1 ELEMENTARY BREAKFAST JANUARY 2019

Monday	Tuesday	Wednesday	Thursday	Friday
	1 NO SCHOOL TODAY	2 NO SCHOOL TODAY	3 BLUEBERRY MUFFIN YOGURT FRUIT JUICE FRUIT MILK CEREAL	4 BISCUIT BISCUIT GRAVY SAUSAGE PATTY FRUIT FRUIT JUICE MILK CEREAL
7 PANCAKE SAUSAGE STICK FRUIT FRUIT JUICE MILK CEREAL GOLDFISH CRACKERS	8 SAUSAGE BISCUIT FRUIT FRUIT JUICE MILK CEREAL WHOLE GRAIN BISCUIT	9 EGGSTRAVAGANZA BREAD SLICE FRUIT FRUIT JUICE MILK CEREAL W/ BREAD & BUTTER	10 BREAKFAST PIZZA YOGURT FRUIT JUICE FRUIT MILK CEREAL BLUEBERRY MUFFIN	11 BISCUIT BISCUIT GRAVY SAUSAGE PATTY FRUIT FRUIT JUICE MILK CEREAL
14 FRENCH TOAST STICKS SYRUP FRUIT FRUIT JUICE MILK CEREAL GOLDFISH CRACKERS	15 SAUSAGE BISCUIT FRUIT FRUIT JUICE MILK CEREAL BISCUIT	16 CHEESE OMELETE SAUSAGE PATTY BREAD SLICE FRUIT FRUIT JUICE MILK CEREAL W/ BREAD & BUTTER	17 BREAKFAST PIZZA YOGURT FRUIT JUICE FRUIT MILK CEREAL BLUEBERRY MUFFIN	18 BISCUIT BISCUIT GRAVY SAUSAGE PATTY FRUIT FRUIT JUICE MILK CEREAL
21 PANCAKE SAUSAGE STICK FRUIT FRUIT JUICE MILK CEREAL GOLDFISH CRACKERS	22 SAUSAGE BISCUIT FRUIT FRUIT JUICE MILK CEREAL WHOLE GRAIN BISCUIT	23 CINNI MINI FRUIT FRUIT JUICE MILK CEREAL BLUEBERRY MUFFIN	24 BREAKFAST PIZZA YOGURT FRUIT JUICE FRUIT MILK CEREAL BLUEBERRY MUFFIN	25 BISCUIT BISCUIT GRAVY SAUSAGE PATTY FRUIT FRUIT JUICE MILK CEREAL
28 FRENCH TOAST STICKS SYRUP FRUIT FRUIT JUICE MILK CEREAL GOLDFISH CRACKERS	29 SAUSAGE BISCUIT FRUIT FRUIT JUICE MILK CEREAL WHOLE GRAIN BISCUIT	30 TAC-GO FRUIT FRUIT JUICE MILK CEREAL W/ BREAD & BUTTER	31 BREAKFAST PIZZA YOGURT FRUIT JUICE FRUIT MILK CEREAL BLUEBERRY MUFFIN	

MENUS SUBJECT TO CHANGE

\*THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

**LACLEDE CO. R-1 ELEMENTARY LUNCH JANUARY 2019**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
	1 NO SCHOOL TODAY	2 NO SCHOOL TODAY	3 CHEESEBURGER POTATO SMILES PORK & BEANS FRUIT MILK HAM & CHEESE SANDWICH	4 CRISPITOS NACHOS CORN CARROTS FRUIT MILK CHEF SALAD HAM & CHEESE SANDWICH
7 ORANGE CHICKEN BROWN RICE PEAS BABY CARROTS RANCH DRESSING FRUIT MILK TURKEY & CHEESE SANDWICH CHEF SALAD	8 SUPER NACHOS SHREDDED LETTUCE CHERRY TOMATOES SALSA REFRIED BEANS FRUIT MILK TURKEY & CHEESE SANDWICH CHEF SALAD	9 BOSCO STICK ROMAINE SALAD RANCH DRESSING CORN FRUIT MILK TURKEY & CHEESE SANDWICH CHEF SALAD	10 CHICKEN FRIES MASHED POTATOES BROWN GRAVY GREEN BEANS BREAD SLICE FRUIT MILK TURKEY & CHEESE SANDWICH CHEF SALAD	11 HOT DOG ON A BUN SUNCHIPS PORK & BEANS CUCUMBER SLICES RANCH DRESSING FRUIT MILK CHEF SALAD TURKEY & CHEESE SANDWICH
14 CHICKEN AND NOODLES SWEET POTATOES PEAS BISCUIT FRUIT MILK HAM & CHEESE SANDWICH CHEF SALAD	15 PIZZA ROMAINE SALAD RANCH DRESSING CORN FRUIT MILK HAM & CHEESE SANDWICH CHEF SALAD	16 BURRITO SALSA NACHOS BABY CARROTS CUCUMBER SLICES RANCH DRESSING FRUIT MILK HAM & CHEESE SANDWICH CHEF SALAD	17 BBQ SANDWICH POTATO SMILES FRESH BROCCOLI RANCH DRESSING FRUIT MILK HAM & CHEESE SANDWICH CHEF SALAD	18 FISH STICKS PINTO BEANS CORN ON THE COB CORNBREAD FRUIT MILK HAM & CHEESE SANDWICH CHEF SALAD
21 CHILI CRACKERS STRING CHEESE CARROTS CUCUMBER SLICES RANCH DRESSING FRUIT MILK TURKEY & CHEESE SANDWICH CHEF SALAD	22 CHICKEN NUGGETS MAC AND CHEESE PEAS SPINACH FRUIT MILK TURKEY & CHEESE SANDWICH CHEF SALAD	23 CRISPITOS NACHOS CORN FRUIT MILK TURKEY & CHEESE SANDWICH CHEF SALAD	24 SPAGHETTI BREADSTICK ROMAINE SALAD RANCH DRESSING SEASONED GREEN BEANS FRUIT MILK TURKEY & CHEESE SANDWICH CHEF SALAD	25 HOT DOG ON A BUN FRENCH FRIES BAKED BEANS BABY CARROTS RANCH DRESSING FRUIT MILK TURKEY & CHEESE SANDWICH CHEF SALAD
28 CHEESEBURGER POTATO SMILES BAKED BEANS FRUIT MILK HAM & CHEESE SANDWICH CHEF SALAD	29 POPCORN CHICKEN BROWN RICE PEAS BABY CARROTS RANCH DRESSING FRUIT MILK HAM & CHEESE SANDWICH CHEF SALAD	30 CORN DOG NACHOS SEASONED GREEN BEANS CUCUMBER SLICES RANCH DRESSING FRUIT MILK HAM & CHEESE SANDWICH CHEF SALAD	31 PIZZA ROMAINE SALAD RANCH DRESSING CORN FRUIT MILK HAM & CHEESE SANDWICH CHEF SALAD	

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