

SGC FOODSERVICE
LACLEDE HIGH SCHOOL BREAKFAST
AUGUST 2018

Monday	Tuesday	Wednesday	Thursday	Friday
			Thu - 8/16/2018 CEREAL GRANOLA BAR FRUIT FRUIT JUICE MILK	Fri - 8/17/2018 WHOLE GRAIN BISCUIT BISCUIT GRAVY SAUSAGE PATTY FRUIT FRUIT JUICE MILK CEREAL
Mon - 8/20/2018 FRENCH TOAST STICKS SYRUP FRUIT FRUIT JUICE MILK CEREAL GRAHAM CRACKERS	Tue - 8/21/2018 SAUSAGE BISCUIT FRUIT FRUIT JUICE MILK CEREAL BLUEBERRY MUFFIN	Wed - 8/22/2018 CINNI MINI FRUIT FRUIT JUICE MILK CEREAL W/ BREAD & BUTTER	Thu - 8/23/2018 BREAKFAST PIZZA FRUIT JUICE FRUIT MILK CEREAL CAKE DONUT	Fri - 8/24/2018 WHOLE GRAIN BISCUIT BISCUIT GRAVY SAUSAGE PATTY FRUIT FRUIT JUICE MILK CEREAL
Mon - 8/27/2018 PANCAKES SYRUP FRUIT FRUIT JUICE MILK CEREAL GRAHAM CRACKERS	Tue - 8/28/2018 BLUEBERRY MUFFIN YOGURT FRUIT FRUIT JUICE MILK CEREAL W/ BREAD & BUTTER	Wed - 8/29/2018 CHEESE OMELETE SAUSAGE PATTY BREAD SLICE FRUIT FRUIT JUICE MILK CEREAL W/ BREAD & BUTTER	Thu - 8/30/2018 BREAKFAST PIZZA FRUIT JUICE FRUIT MILK CEREAL CAKE DONUT	Fri - 8/31/2018 WHOLE GRAIN BISCUIT BISCUIT GRAVY SAUSAGE PATTY FRUIT FRUIT JUICE MILK CEREAL

*THIS EMPLOYER IS AN EQUAL OPPORTUNITY PROVIDER

LACLEDE HIGH SCHOOL LUNCH
AUGUST 2018

Monday	Tuesday	Wednesday	Thursday	Friday
			Thu - 8/16/2018 PIZZA CORN SALAD BAR FRUIT MILK CHICKEN FRIES CHEF SALAD	Fri - 8/17/2018 HOT DOG ON A BUN POTATO SMILES SALAD BAR FRUIT MILK BOSCO STICK CHEF SALAD
Mon - 8/20/2018 CRISPITOS NACHOS REFRIED BEANS SALAD BAR FRUIT MILK UNCRUSTABLE CHEF SALAD	Tue - 8/21/2018 POPCORN CHICKEN BROWN RICE PEAS SALAD BAR FRUIT MILK HAM & CHEESE SANDWICH CHEF SALAD	Wed - 8/22/2018 FISH RECTANGLE PINTO BEANS CORN ON THE COB CORNBREAD FRUIT SALAD BAR MILK WHOLE GRAIN BOSCO STICK MARINARA SAUCE CHEF SALAD	Thu - 8/23/2018 HOMEMADE LASAGNA GREEN BEANS WHOLE WHEAT BREADSTICK SALAD BAR FRUIT MILK TURKEY & CHEESE SANDWICH CHEF SALAD	Fri - 8/24/2018 CHEESEBURGER ON WHOLE WHEAT BUN FRENCH FRIES SALAD BAR FRUIT MILK CHICKEN PATTY SANDWICH CHEF SALAD
Mon - 8/27/2018 BURRITO NACHOS PEAS SALAD BAR FRUIT MILK UNCRUSTABLE CHEF SALAD	Tue - 8/28/2018 BOSCO STICK SEASONED GREEN BEANS SALAD BAR FRUIT MILK CHICKEN FRIES CHEF SALAD	Wed - 8/29/2018 BBQ BEEF SANDWICH SUNCHIPS BAKED BEANS SALAD BAR FRUIT MILK CHICKEN PATTY SANDWICH CHEF SALAD	Thu - 8/30/2018 WHOLE GRAIN CHICKEN NUGGET MACARONI AND CHEESE CORN ON THE COB SALAD BAR FRUIT MILK FISH RECTANGLE CHEF SALAD	Fri - 8/31/2018 CORN DOG SUNCHIPS BABY CARROTS RANCH DRESSING SALAD BAR FRUIT MILK CRISPITOS CHEF SALAD

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.