

# LACLEDE CO. R-1 HIGH SCHOOL BREAKFAST

## APRIL 2018

Monday	Tuesday	Wednesday	Thursday	Friday
2  BREAKFAST PIZZA YOGURT FRUIT JUICE FRUIT MILK CEREAL CEREAL BAR	3  SAUSAGE BISCUIT FRUIT FRUIT JUICE MILK CEREAL MUFFIN	4  MAPLE SUNRISE BITES OMELET FRUIT FRUIT JUICE MILK CEREAL MAPLE BITES	5  FRUDEL FRUIT FRUIT JUICE MILK CEREAL BREAD/BUTTER	6  BISCUIT BISCUIT GRAVY SAUSAGE PATTY FRUIT FRUIT JUICE MILK CEREAL
9  BREAKFAST PIZZA YOGURT FRUIT JUICE FRUIT MILK CEREAL CEREAL BAR	10  SAUSAGE BISCUIT FRUIT FRUIT JUICE MILK CEREAL MUFFIN	11  CINNI MINI YOGURT FRUIT FRUIT JUICE MILK CEREAL W/ BREAD & BUTTER	12  CHOCOLATE CRESCENT FRUIT FRUIT JUICE MILK CEREAL BREAD/BUTTER	13  BISCUIT BISCUIT GRAVY SAUSAGE PATTY FRUIT FRUIT JUICE MILK CEREAL
16  BREAKFAST PIZZA YOGURT FRUIT JUICE FRUIT MILK CEREAL CEREAL BAR	17  SAUSAGE BISCUIT FRUIT FRUIT JUICE MILK CEREAL MUFFIN	18  MAPLE SUNRISE BITES OMELET FRUIT FRUIT JUICE MILK CEREAL MAPLE BITES	19  FRUDEL FRUIT FRUIT JUICE MILK CEREAL BREAD/BUTTER	20  BISCUIT BISCUIT GRAVY SAUSAGE PATTY FRUIT FRUIT JUICE MILK CEREAL
23  BREAKFAST PIZZA YOGURT FRUIT JUICE FRUIT MILK CEREAL CEREAL BAR	24  SAUSAGE BISCUIT FRUIT FRUIT JUICE MILK CEREAL BREAD/BUTTER	25  CHOCOLATE MUFFIN YOGURT FRUIT FRUIT JUICE MILK CEREAL MUFFIN	26  FRENCH TOAST STICKS SYRUP FRUIT FRUIT JUICE MILK CEREAL BREAD/BUTTER	27  BISCUIT BISCUIT GRAVY SAUSAGE PATTY FRUIT FRUIT JUICE MILK CEREAL
30  BREAKFAST PIZZA YOGURT FRUIT JUICE FRUIT MILK CEREAL CEREAL BAR				

**LACLEDE CO. R-1 HIGH SCHOOL LUNCH  
APRIL 2018**

Monday	Tuesday	Wednesday	Thursday	Friday
2 BEEF FINGERS MASHED POTATOES GREEN BEANS BROWN GRAVY BREAD SLICE FRUIT MILK	3 CHICKEN NUGGETS POTATO SMILES CARROTS KETCHUP FRUIT MILK	4 TAQUITOS SALSA NACHOS PEAS CUCUMBER SLICES RANCH DRESSING FRUIT MILK	5 CHILI FRITOS SHREDDED CHEESE FRESH BROCCOLI RANCH DRESSING SPINACH COOKIES FRUIT MILK	6 PHILLY CHEESESTEAK SANDWICH FRENCH FRIES CORN KETCHUP FRUIT MILK
9 CHICKEN & NOODLES PEAS SWEET POTATOES WHOLE GRAIN BISCUIT FRUIT MILK	10 SHREDDED BBQ SANDWICH FRENCH FRIES BAKED BEANS FRUIT MILK	11 PIZZA ROMAINE SALAD W/ TOMATO RANCH DRESSING CORN FRUIT MILK	12 SUPER NACHOS SHREDDED LETTUCE TOMATO SALSA REFRIED BEANS FRUIT BROCCOLI MILK	13 CHICKEN FAJITA SHREDDED LETTUCE TOMATOES SHREDDED CHEESE SALSA CARROTS FRUIT MILK
16 CRISPITOS SALSA NACHOS/CHEESE CORN CUCUMBER SLICES RANCH DRESSING FRUIT MILK	17 CHEESEBURGER FRENCH FRIES PICKLES & ONIONS CARROTS FRUIT MILK	18 POPCORN CHICKEN BROWN RICE PEAS FRESH BROCCOLI RANCH DRESSING EGG ROLLS FRUIT MILK	19 BEEF & CHEESE ON BUN POTATO SMILES GREEN BEANS FRUIT MILK	20 LASAGNA ROMAINE SALAD W/ TOMATO RANCH DRESSING CORN WHOLE WHEAT BREADSTICK FRUIT MILK
23 HOT DOGS FRENCH FRIES ROMAINE SALAD W/ TOMATO RANCH DRESSING FRUIT MILK	24 FISH STICKS PINTO BEANS COLE SLAW CORN ON THE COB CORNBREAD FRUIT MILK	25 CHICKEN NUGGET MAC & CHEESE GREEN BEANS SPINACH FRUIT MILK	26 CHILI FRITOS SHREDDED CHEESE CARROTS FRESH BROCCOLI RANCH DRESSING FRUIT MILK	27 PHILLY CHEESESTEAK SANDWICH FRENCH FRIES CORN KETCHUP COOKIES FRUIT MILK
30 SHREDDED BBQ SANDWICH FRENCH FRIES BAKED BEANS FRUIT MILK				

\*THIS INSTITUTION IS AN EQUAL OPPORTUNITY EMPLOYER